

FOODIE INFATUATIONS

From beef jerky to dairy alternatives, all of these scrumptious foods and snacks are 100% clean.

BY LAURA SCHOBER

1. CLEAN COOKING SPRAYS

While CE has long recommended making your own olive oil cooking spray in a pump mister bottle, now you can buy it at the grocery store. Bertolli's new line of 100% olive oil sprays (in classic, extra-virgin and extra-light varieties) are propellant-free and contain just olive oil — nothing more. **\$3.50, villabertolli.com**

2. A TASTE OF HEAVEN

Virgin coconut oil plus natural butter flavor? If it sounds like a dream, think again. Made with plant-based non-GMO ingredients, Ellyndale Organics Coconut Infusions Non-Dairy Butter Flavor is one gloriously creamy coconut butter that works great as a spread or cooking oil. **\$11, ellyndalefoods.com**

3. TONGUE-TINGLING SPICES

Spiceologist Pink Peppercorn Lemon Thyme Rub dresses up corn, fish, beef, chicken and vegetables with its intensely flavorful blend of spices including lemon peel powder, ground black pepper, whole pink peppercorns, dried thyme and kosher salt. This zesty and citrusy rub is ideal for barbecue season, and is free of artificial ingredients and MSG. **\$12, spiceologist.com**

4. CACAO OBSESSION

Chocolate lovers need not look any further: Alter Eco Deep Dark Sea Salt Organic Chocolate is a rich, melt-in-your-mouth bar with complex flavor of both salty and sweet notes. With a balance of 70% cacao from Ecuador and fleur de sel de Guérande, this emulsifier-free chocolate's high-quality ingredients are also Fair Trade Certified. **\$4, alterecofoods.com**

5. A BETTER BEEF JERKY

The New Primal Spicy Grass-Fed Beef Jerky's infusion of cayenne pepper and jalapeños is biting enough but made all the more sweeter with the addition of pineapple juice and honey. This jerky is made from antibiotic- and hormone-free pasture-raised meat and is also flavored with ginger, onion, lemon juice and black pepper. **\$8, thenewprimal.com**

6. SAY CHEEZE!

If you're lactose-intolerant or vegan, this line of plant-based cashew "cheese" from Heidi Ho! is made with mostly organic vegetables, seeds and nuts. The Ne Chèvre Pure and Smoky Chia Cheeze were CE staff favorites, but all the flavors are superb. Pair with nachos, spread on sandwiches, sprinkle over salads or add to pasta sauces. **\$6 to \$7, heidiho.com**



FINALLY, A COOKING SPRAY THAT'S PROPELLANT-FREE!